



Summer Daycamps

UBC Aquatic Centre Summer Daycamps 2011: Parent Information Guide

Welcome to Summer Daycamps at the UBC Aquatic Centre!

At the UBC Aquatic Centre, we strive to create a fun and positive environment while ensuring the safety and well-being of all our campers. Our camps are designed to promote the personal and social development of all participants by offering a wide range of activities in a hands-on, dynamic setting. On behalf of all of our instructors and staff members, we would like to thank you for choosing UBC Aquatic Centre Summer Daycamps.

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Table of Contents

General Information.....	4
What to Expect on Your First Day.....	4
Sign-In/Sign-Out Procedure.....	4
Schedule.....	4
What to Bring.....	5
What Not to Bring.....	6
Parking.....	6
Policies.....	6
Cancellation Policy.....	6
Camp Transfer.....	6
Late/Absent or Early Pickup Notification.....	6
Holidays.....	6
Additional Care Services.....	6
Child Care Policies.....	7
Sunscreen.....	7
Medical Emergencies.....	7
Consent Forms.....	7

General Information

What to Expect on Your First Day

- Try to arrive early on the first day of camp in order to become familiarized with the registration process
- Please know your child's sign-in location ahead of time. There is a map attached to the end of this information guide.
- If possible, please bring a set of completed consent forms (they can be found online at www.aquatics.ubc.ca/day-camps/camp-required-forms.php)

Sign In/Sign Out Procedure

Sign-in & sign-out locations vary by camp*:

War 100:

Glee
Chippers & Dippers Jr.
Chippers & Dippers Ad.
Cooking for Kids
Cooking for Youth

Mezzanine:

Sensational Science
Bubbles & Beakers
Science Rocks
Camp Connect
Scuba

Classroom:

Lego Worlds
Play & Swim 3-5
Play & Swim 6-12
Smarty the Art
Excellence Camp

Buchanan Lab:

Lego Design: Intro to Robotics
Lego Design: Advanced Robotics
Mechanical Wonders
Engineering
French
Leadership

*for half-day camp sign-in and sign-out locations, please see the "Half-Day Camps" section below

Schedule

All camps (with the exception of the 3-5 year camps) follow roughly the same schedule:

9:00: camp starts
9:00-10:30: activities
10:30-10:45: snack
10:45-12:00: activities
12:00-12:30: lunch
12:30-13:00: change
13:00-13:30: swim instruction
13:30-15:00: free time in the pool*

15:00-15:20: change
15:20-16:00: activities
16:00: camp ends

*All children under the age of 7 will spend free time in groups under the supervision of a leader. Children over the age of 8 will be paired up with a buddy or group.

Half-Day Camps:

- Morning session: begins at 9:00; sign-in is at the camp sign-in location and sign-out is in the UBC Aquatic Centre lobby
- Afternoon session: begins at lunch; sign-in is at the UBC Aquatic Centre lobby and sign-out is at the camp sign-out location

Early Years Camps (Ages 3-5) have the following schedule:

9:00: camp starts
9:00-9:30: change
9:30-10:00: swim instruction
10:00-11:30: free time in the pool*
11:30-12:00: change
12:00-12:30: lunch
12:30-14:00: activities
14:00-14:15: snack
14:15-16:00: activities

*All children under the age of 7 will spend free time in groups under the supervision of a leader.

What to Bring

Please make sure that your child is prepared for all weather conditions and that all of his or her belongings are clearly labeled with a name and telephone number. The following is a list of recommended items for your child to bring each day:

- **Lunch** – please ensure that it is non-perishable
- **2 snacks** – one for before swimming, one for after swimming
- **Sunscreen** – make sure that your child is wearing sunscreen when they arrive in the morning, and that they have enough to re-apply periodically throughout the day
- **Hat**
- **Water bottle**
- **Supportive shoes** – close-toed shoes with a supportive back are highly recommended. Campers without adequate footwear (ie. sandals) may not be able to participate in certain activities.
- **Swimsuit**
- **Towel**
- **Change of clothes**

What Not to Bring

- Money
- Personal items/valuables (the UBC Aquatic Centre is not responsible for lost or stolen items)

Parking

Parking is available across from the UBC Bookstore at the intersection of East Mall and University Blvd. You will receive an email with a 15 minute parking pass the week before your child's camp start date.

Policies

Cancellation Policy

UBC Aquatic Centre reserves the right to cancel camps up to 5 days prior to the start date due to insufficient enrollment or unavailability of instructors. In any such case, we will give you a full refund.

Camp Transfer

It is important that you provide at least one week's notice if you wish to transfer your child between camps.

Late/Absent or Early Pickup Notification

It is the responsibility of the parent or guardian to notify the UBC Aquatic Centre daycamp staff if his or her child is going to be late, absent, or picked up early for any portion of their camp.

Holidays

UBC Aquatic Centre Daycamps do not run on statutory holidays, please check the dates listed in the camp schedule carefully.

Additional Care Services

- *Before and After Care:* If you need more time to drop off and/or pick up your child, our Before and After Care service allows for additional flexibility. Before Care runs from 8am – 9am and After Care runs from 4pm – 5:30pm in the classroom (see map attached at the end of this information guide).

- *Lunch Service:* Our lunch service provides a healthy, nutritious meal for your child throughout the course of his or her camp. Please visit us online or call our front desk for more information regarding these services.

Child Care Policy

All of our camps maintain an instructor to participant ratio of 1:8. Our staff are trained and knowledgeable in facilitating an environment that is comfortable and welcoming for all participants. Some techniques used by our staff to manage disruptive behavior include:

- Using preventative management techniques and encouraging self-discipline.
- Stressing positive behaviour.
- Providing an enriching environment to diminish disruptive behaviour.
- Changing environments.
- Facilitating the settlement of disputes as opposed to intervening.
- Using “time outs” (if necessary) – the child is encouraged to take time away from a group activity for a short time period to regain self-control.
- Developing “house rules” with children.
- Establishing mutual respect.

Sunscreen

Be sure that your child is wearing sunscreen of at least SPF 15 **before** he or she arrives at camp, and that they have enough with them to re-apply throughout the day. Please note that the UBC AC Daycamp staff will re-apply sunscreen for them or instruct them to do so themselves.

Medical Emergencies

- If your child has any pre-existing medical conditions (such as allergies, diseases, or severe injuries), please make a clear indication on his or her consent and medical form in addition to informing your child’s leader on the first day of camp.
- If your child brings medication to camp, be sure to inform his or her leader.
- If your child becomes ill or injured while at camp, we will contact you for pick-up as soon as possible. Please do not send your child to camp if he or she is ill.

Consent Forms

A consent form and health information sheet must be filled out by a parent or guardian prior to the camp start date (one form per child). Please visit our website at www.aquatics.ubc.ca to download the above forms.

Daycamp Evaluation Questionnaire

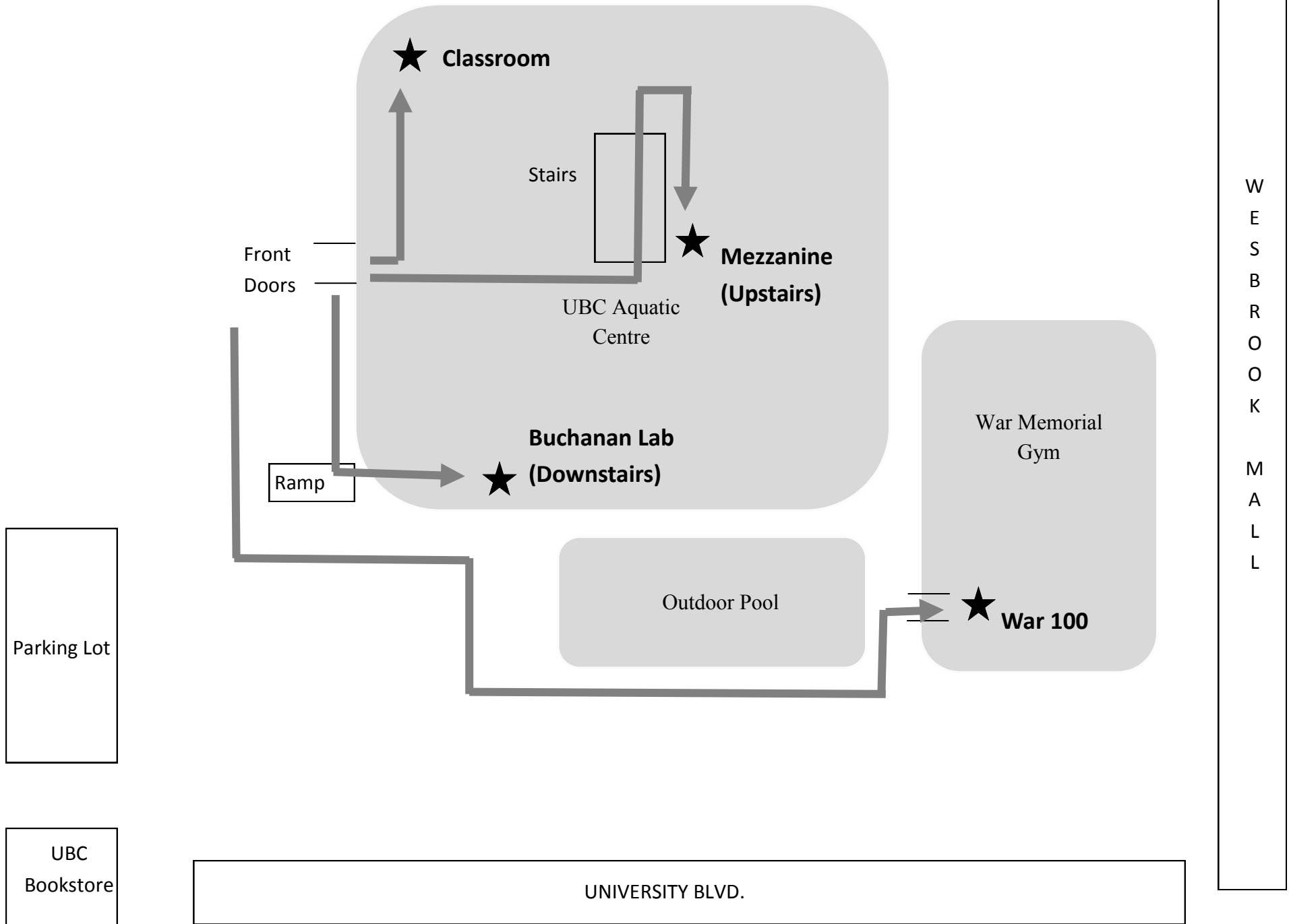
At the UBC Aquatic Centre, we are constantly striving to improve our Summer Daycamps. Please take the time to fill out and return the following daycamp evaluation questionnaire. Thank-you for your feedback!

1. Which camp was your child enrolled in?
2. What did your child like best about his or her camp?
3. Please rate the following aspects of your experience with UBC Aquatic Centre Summer Daycamps:
1= Very Satisfied 2=Satisfied 3=Needs Improvement 4=Unsatisfied

Registration Process	
Helpfulness of Staff	
User friendliness of website	
Your child's enjoyment of his or her camp	
Your satisfaction with your child's camp	

4. Is there anything we can improve on?
5. How did you hear about UBC Aquatic Centre Summer Daycamps?
6. Are there any specific camps that you would like to see in the future?
7. General comments:

UBC AC Daycamps: Sign-in & Sign-Out Locations



UBC Aquatic Centre Summer Daycamps: Camp Sign-in & Sign-out Locations

Classroom:

- Lego Worlds
- Play & Swim 3-5
- Play & Swim 6-12
- Smarty the Art
- Excellence Camp

War 100:

- Glee
- Chippers & Dippers Jr.
- Chippers & Dippers Adv.
- Cooking for Kids
- Cooking for Youth

Mezzanine (upstairs):

- Camp Connect
- Sensational Science
- Bubbles & Beakers
- Science Rocks
- Camp Connect

Buchanan Lab:

- French
- Leadership
- Lego Design: Intro to Robotics
- Lego Design: Advanced Robotics
- Mechanical Wonders
- Engineering